

Monday	Tuesday	Wednesday
--- Entrees --- Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat --- Macaroni and Cheese TWP Carbs: 50 * Milk, Wheat --- Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat ---	-- Snack Items -- CHEESE, Queso Blanco TWP Carbs: 1 * Milk --- --- Entrees --- Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat --- Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat --- Nachos Bell Grande (w/ beef crumbles) Carbs: 7 * Soybeans, Wheat ---	--- Entrees --- Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat --- Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat ---

Monday	Tuesday	Wednesday
--- Entrees --- Chicken Patty HS 9/10 w/Kaiser <i>Carbs: 36</i> * Soybeans, Wheat --- Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat --- Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i> --- Tossed Salad <i>Carbs: 6</i> --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Cucumber Slices <i>Carbs: 2</i> --- Assorted Fresh Fruit --- Peterson Apple Slices --- Stewed Tomatoes <i>Carbs: 10</i> ---	--- Entrees --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat --- Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat --- Chicken Patty HS 9/10 w/Kaiser <i>Carbs: 36</i> * Soybeans, Wheat --- Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat --- Bell Pepper Strips w/ Dip <i>Carbs: 3</i> * Milk, Eggs --- Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i> --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- PINEAPPLE, CHUNK IN JUICE CANNED TWP <i>Carbs: 22</i> --- Assorted Fresh Fruit ---	--- Entrees --- Chicken Patty HS 9/10 w/Kaiser <i>Carbs: 36</i> * Soybeans, Wheat --- Pizza, BIG DADDY'S™ Bold Cheese (10 slices) <i>Carbs: 34</i> * Milk, Soybeans, Wheat --- Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat --- Rainbow Chopped Salad <i>Carbs: 96</i> * Milk, Soybeans, Eggs, Wheat --- LETTUCE ROMAINE CHOPPED FRESH --- Stuffed Mini Bell Peppers <i>Carbs: 16</i> --- Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i> --- Strawberries with Whipped Topping <i>Carbs: 40</i> * Milk --- Romaine Boats <i>Carbs: 11</i> * Soybeans, Wheat --- Lettuce, Romaine, Raw --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> ---

Monday	Tuesday	Wednesday
--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---	--- Sides --- Mexicali Corn TWP <i>Carbs: 26</i> * Wheat --- CRAISINS CHERRY FLAVORED POUCH <i>Carbs: 28</i> --- --- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---	--- Sides --- Assorted Fresh Fruit --- --- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---

Monday	Wednesday	Thursday	Friday
--- Entrees --- Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat --- Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- APPETIZER, CHEESE MOZZARELLA BREADED WHOLE GRAIN STICK .76 O Carbs: 35 * Milk, Wheat ---	--- Entrees --- Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat --- Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- General's Chicken Carbs: 26 * Milk, Soybeans, Wheat ---	--- Entrees --- Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat --- Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat --- Pizza, BIG DADDY'S™ Bold Cheese (8 slices) Carbs: 43 * Milk, Soybeans, Wheat --- Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---

Monday	Wednesday	Thursday	Friday
--- Entrees --- Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat --- Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat --- Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- Tossed Salad Carbs: 6 --- Mixed Vegetables, No Salt Added, Frozen Carbs: 12 --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13 --- HUMMUS, PLAIN TUB REF TWP Carbs: 5 --- Assorted Fresh Fruit ---	--- Entrees --- Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat --- Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat --- Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat --- Cheese Steak Carbs: 43 * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat --- ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23 --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- HUMMUS, PLAIN TUB REF TWP Carbs: 5 --- Assorted Fresh Fruit --- Soy Glazed Green Beans Carbs: 5 * Soybeans --- RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32 ---	--- Entrees --- Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat --- Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat --- Cheese Steak Carbs: 43 * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- HUMMUS, PLAIN TUB REF TWP Carbs: 5 --- Assorted Fresh Fruit --- BROCCOLI, FRESH Carbs: 6 --- Ore Ida® Reduced Sodium Tater Tots® 6x5 LBS Carbs: 17 --- APPLESAUCE, CINNAMON UNSWEETENED SS PLASTIC CUP TWP Carbs: 14 ---	--- Entrees --- Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat --- Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat --- Sidekicks Frozen BlueRaspberry-Lemon Carbs: 23 --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- Cranapple Spinach Salad HS Carbs: 33 * Wheat Spinach, Leaves, Fresh --- Chickpea Salad Carbs: 8 --- HUMMUS, PLAIN TUB REF TWP Carbs: 5 --- Assorted Fresh Fruit ---

Monday	Wednesday	Thursday	Friday
--- Milk ---	--- Milk ---	--- Milk ---	--- Milk ---
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk
Milk, Strawberry, Fat Free <i>Carbs: 34</i>	Milk, Strawberry, Fat Free <i>Carbs: 34</i>	Milk, Strawberry, Fat Free <i>Carbs: 34</i>	Milk, Strawberry, Fat Free <i>Carbs: 34</i>
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk
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Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees --- Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat --- Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Shredded Chicken Tinga Carbs: 4 --- Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat --- Tacos Carbs: 26 * Soybeans --- Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat --- Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---	--- Entrees --- Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat --- Meatball Sub MS/HS Carbs: 50 * Soybeans, Wheat --- Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat --- Bacon Cheeseburger Carbs: 30 * Soybeans, Wheat --- Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat --- Jake's Pizza Carbs: 55 --- Chicken Caesar Wrap Carbs: 52 * Milk, Fish, Soybeans, Eggs, Wheat --- Italian Hoagie MS/HS Carbs: 49 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 37 * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS Carbs: 41 * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar Carbs: 48 * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees --- Egg and Cheese Croissant Sandwich <i>Carbs: 31</i> * Milk, Soybeans, Eggs, Wheat --- Chicken Patty HS 9/10 w/Kaiser <i>Carbs: 36</i> * Soybeans, Wheat --- Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat --- JUICE, FRUIT PUNCH 100% FROZEN CUP <i>Carbs: 14</i> --- Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i> --- McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) <i>Carbs: 13</i> --- Baked Apples <i>Carbs: 19</i> * Soybeans Apple Slice, Unsweetened, Canned --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Assorted Fresh Fruit ---	--- Entrees --- Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat --- Chicken Patty HS 9/10 w/Kaiser <i>Carbs: 36</i> * Soybeans, Wheat --- Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat --- Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat --- RICE, BROWN LONG GRAIN PARBOILED TWP <i>Carbs: 32</i> --- Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i> --- Black Bean and Corn Salad <i>Carbs: 37</i> --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- PINEAPPLE, CHUNK IN JUICE CANNED TWP <i>Carbs: 22</i> --- Assorted Fresh Fruit --- CRAISINS CHERRY FLAVORED POUCH <i>Carbs: 28</i> ---	--- Entrees --- Chicken Patty HS 9/10 w/Kaiser <i>Carbs: 36</i> * Soybeans, Wheat --- Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat --- --- Sides --- Strawberries with Whipped Topping <i>Carbs: 40</i> * Milk --- Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat --- Cinnamon Maple Roasted Sweet Potatoes <i>Carbs: 36</i> --- Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i> --- Roasted Broccoli <i>Carbs: 8</i> --- CRAISINS CHERRY FLAVORED POUCH <i>Carbs: 28</i> --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Assorted Fresh Fruit ---	--- Entrees --- Chicken Patty HS 9/10 w/Kaiser <i>Carbs: 36</i> * Soybeans, Wheat --- Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat --- Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i> --- Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup <i>Carbs: 13</i> --- Popcorn Cauliflower <i>Carbs: 13</i> * Milk, Soybeans, Wheat --- Celery Sticks w/ Peanut Butter <i>Carbs: 7</i> * Peanuts, Soybeans --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- CRAISINS CHERRY FLAVORED POUCH <i>Carbs: 28</i> --- Assorted Fresh Fruit ---	--- Entrees --- Cheeseburger <i>Carbs: 31</i> * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker <i>Carbs: 22</i> * Peanuts, Soybeans, Wheat --- Romaine Boats <i>Carbs: 11</i> * Soybeans, Wheat Lettuce, Romaine, Raw --- Apple Pie Fruit Salad <i>Carbs: 19</i> --- Carrots, Baby, Fresh, Individually Wrapped <i>Carbs: 6</i> --- Cucumber and Tomato Salad HS <i>Carbs: 7</i> --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Assorted Fresh Fruit --- --- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---

Monday	Tuesday	Wednesday	Thursday
--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---

Monday	Tuesday	Wednesday
-- Snack Items -- Campbell's Classic Condensed Tomato Soup TWP <i>Carbs: 20</i> * Wheat ---	--- Entrees --- Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat --- Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat --- Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat --- Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat --- Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Turkey Hoagie MS/HS <i>Carbs: 45</i> * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat --- Chicken Caesar Wrap <i>Carbs: 52</i> * Milk, Fish, Soybeans, Eggs, Wheat --- Italian Hoagie MS/HS <i>Carbs: 49</i> * Milk, Soybeans, Wheat --- Chicken Patty <i>Carbs: 37</i> * Milk, Soybeans, Wheat --- Spicy Chicken Patty HS <i>Carbs: 41</i> * Soybeans, Wheat --- Roasted Pear Salad with Chicken and Cheddar <i>Carbs: 48</i> * Milk, Soybeans, Eggs, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat --- Buffalo Chicken Cheese Steak <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat ---

Monday	Tuesday	Wednesday
--- Entrees --- Grilled Cheese Carbs: 64 * Milk, Soybeans, Wheat --- Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat --- Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat --- Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat --- CRACKER, GRAHAM CINNAMON GOLDFISH SHAPED TFF IW GIANT Carbs: 19 * Wheat --- Tossed Salad Carbs: 6 --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- HUMMUS, PLAIN TUB REF TWP Carbs: 5 --- Assorted Fresh Fruit ---	--- Entrees --- Sliced Turkey w/ Gravy ES Holiday Dinner Carbs: 4 * Milk, Soybeans, Wheat --- Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat --- Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat --- --- Sides --- DOUGH, COOKIE SUGAR WHOLE-GRAIN-RICH ASSORTED SHAPE 1.2 OZ F Carbs: 18 * Milk, Eggs, Wheat --- Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- MCCAIN MASH MAKERS REDUCED SODIUM SEASONED MASHED POTATOES 6 Carbs: 26 * Milk --- Del Monte® Low Sodium Cut Green Beans 101 oz. Can Carbs: 4 --- Dinner Roll WG Carbs: 18 * Soybeans, Wheat ---	--- Entrees --- Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat --- Pizza, BIG DADDY'S™ Bold Cheese (10 slices) Carbs: 34 * Milk, Soybeans, Wheat --- Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat --- --- Sides --- Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat --- APPLESAUCE, CINNAMON UNSWEETENED SS PLASTIC CUP TWP Carbs: 14 --- Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 --- Celery Sticks w/ Peanut Butter Carbs: 7 * Peanuts, Soybeans --- Romaine Boats Carbs: 11 * Soybeans, Wheat --- Lettuce, Romaine, Raw --- HUMMUS, PLAIN TUB REF TWP Carbs: 5 --- Assorted Fresh Fruit ---

Monday	Tuesday	Wednesday
--- Sides --- APPLESAUCE, PEACH UNSWEETENED SS PLASTIC CUP TWP <i>Carbs: 14</i> --- --- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---	--- Sides --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Assorted Fresh Fruit --- CRAISINS CHERRY FLAVORED POUCH <i>Carbs: 28</i> --- --- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---